

## Vishwas N. Vanar

## Resume

Cell :267-252-5939

2200 Benjamin Franklin Parkway  
South 1211, Parktowne Place Apts  
Philadelphia, PA 19130

Email: vishwas@temple.edu  
Website: www.xvzx.net

---

### EDUCATION

---

<b>Masters in Public Health</b> Temple University, Philadelphia	<b>Class of 2009</b>
<b>Bachelor of Medicine, Bachelor of Surgery (M.B.B.S.)</b> Gujarat University, India	<b>Class of 2007</b>

---

### PROFESSIONAL LICENSURE

---

<b>US Medical Licensing Exams</b> Step 1 (93 percentile)	<b>Mar 2007</b>
Step 2 Clinical Skills (Pass)	<b>Feb 2008</b>
Step 2 Clinical Knowledge	<b>Jun 2008</b>

---

### RESEARCH WORK

---

<b>Outdoor Play Validation study towards prevention of childhood obesity</b> Temple University, Philadelphia, USA	
<b>Correlation of TV Viewing Habits and Childhood Obesity</b> Gujarat University, Ahmedabad, India	<b>Jan 2006</b>
<b>Clinico-Social Case Study on an Independent Nuclear Family</b> Gujarat University, Ahmedabad, India	<b>Sep 2005</b>

---

### WORK EXPERIENCE

---

<b>Study Assistant</b> , Medical Oncology, Jefferson University Hospital	<b>May 08 -</b>
<b>Research Assistant</b> , Center for Obesity Research and Education	<b>Feb 08 – Jun 08</b>
<b>Student Researcher</b> , Center for Obesity Research and Education	<b>Dec 07 – Jan 08</b>
<b>Student Worker</b> , Temple University Media Services	<b>Sep 07 – Nov 07</b>
<b>Intern Doctor</b> , Gujarat University affiliated hospitals in Ahmedabad, India	<b>Mar 06 – Mar 07</b>

---

### SEMINARS/WORKSHOPS/CONFERENCES ATTENDED

---

**HFCS and School Wellness:** Science-based Facts for Healthful School Nutrition Operations  
webinar – C.O.R.E. Temple University

**Doctors, Universities, and Industries:** Managing the Mix – C.O.R.E. Temple University

**Problem Solving for Better Health** - Trivendrum, India

**HIV/AIDS Prevention and Treatment Awareness** - Ahmedabad, India

**Emergency Medicine for Medical Students** – Ahmedabad, India

**Care Cardiovascular (3-C) Conference** – Ahmedabad, India

---

## COMPUTER SKILLS

---

Proficiency in Database Management Systems like:

- SPSS
- EXCEL
- ACCESS
- Will be taking a SAS database management course in fall 2008

Web designing skills in HTML/DHTML/XHTML/PHP/CSS scripts and proficiency with publisher applications like:

- Dreamweaver/Frontpage
  - Photoshop
  - Fireworks
- 

## VOLUNTARY SERVICES FOR COMMUNITY

---

### School Health Program

Nov 2006

Sponsorship: Government of India.

- Provide children's routine health checkup and education
- Treat illnesses such as pneumonia, diarrhea, and, abdominal pain and referring when required.

### National Pulse Polio Immunization Day

Nov 2006

Sponsorship: Government of India recommended by World Health Organization.

- Supervise vaccine administration to disadvantaged children in a three day door-to-door program.

### Chikungunya Epidemic

Sept 2006

Sponsorship: Government of Gujarat.

- Provide health assistance and medications to those affected by Chikunguniya (a viral flu spread by Aedes Egypti Mosquito)

### National Malaria Research Program (NMRP)

Sept 2006

Sponsorship: Government of India.

- Conduct a survey of mosquito breeding.
- Provide health education to the community

### Floods in Surat, Gujarat

July 2006

Provided voluntary services in the flood affected city of surat and organized medical camps for 4 days for control of epidemics.

---

## INTERESTS

## LANGUAGES

- Playing Guitar
- Web Designing
- HTML/PHP Scripting
- Digital Photography
- Swimming
- Working out at the gym

- Gujarati
  - Hindi
  - English
- 

## EXTRACURRICULAR ACTIVITIES/ACHIEVEMENTS

---

- Organizer for inter-college cultural festivals in India from 2002-2007
- Editor of the college annual magazine in India from 2003-2007
- Helped Design and maintain the official College Website [www.nhlmmcgym.com](http://www.nhlmmcgym.com)
- Editor and Chief Designer of the Quarterly College Paper – MUTATION (2005-2007)
- Keen interest in playing stringed instruments; formally trained in playing Guitar.